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# Classification des zheng

## 1. ICD-11 Traditional medicine patterns (WHO 2019)

### 1.1. Principle-based patterns

| | |
|---|---|
| **SE70** | Yang pattern |
| **SE71** | Yin pattern |
| **SE72** | Heat pattern |
| **SE73** | Cold pattern |
| **SE74** | Excess pattern |
| **SE75** | Deficiency pattern |
| **SE76** | Exterior pattern |
| **SE77** | Interior pattern |
| **SE78** | Moderate (Heat/Cold) pattern |
| **SE79** | Medium (Excess/Deficiency) pattern |
| **SE7A** | Tangled cold and heat pattern |
| **SE7Y** | Other specified principle-based patterns |
| **SE7Z** | Principle-based patterns, unspecified |

### 1.2. Environmental factor patterns

| | |
|---|---|
| **SE80** | Wind factor pattern |
| **SE81** | Cold factor pattern |
| **SE82** | Dampness factor pattern |
| **SE83** | Dryness factor pattern |
| **SE84** | Fire-heat factor pattern |
| **SE85** | Summer-heat factor pattern |
| **SE86** | Pestilent factor pattern |
| **SE8Y** | Other specified environmental factor patterns |
| **SE8Z** | Environmental factor patterns, unspecified |

### 1.3. Body constituents patterns

#### 1.3.1. Qi patterns

| | |
|---|---|
| **SE90** | Qi deficiency pattern |
| **SE91** | Qi stagnation pattern |
| **SE92** | Qi uprising pattern |
| **SE93** | Qi sinking pattern |
| **SE94** | Qi collapse pattern |
| **SE9Y** | Other specified qi patterns |
| **SE9Z** | Qi patterns, unspecified |

### 1.3.2. Blood patterns

| | |
|---|---|
| **SF00** | Blood deficiency pattern |
| **SF01** | Blood stasis pattern |
| **SF02** | Blood heat pattern |
| **SF03** | Blood cold pattern |
| **SF04** | Blood dryness pattern |
| **SF0Y** | Other specified blood patterns |
| **SF0Z** | Blood patterns, unspecified |

### 1.3.3. Fluid patterns

| | |
|---|---|
| **SF10** | Fluid deficiency pattern |
| **SF11** | Fluid disturbance pattern |
| **SF12** | Dry-phlegm pattern |
| **SF13** | Damp phlegm pattern |
| **SF14** | Phlegm-fire harassing the heart system pattern |
| **SF15** | Wind-phlegm pattern |
| **SF1Y** | Other specified fluid patterns |
| **SF1Z** | Fluid patterns, unspecified |

### 1.3.4. Essence patterns

| | |
|---|---|
| **SF20** | Essence deficiency pattern |
| **SF2Y** | Other specified essence patterns |
| **SF2Z** | Essence patterns, unspecified |

### 1.3.5. Other specified body constituents patterns

| | |
|---|---|
| **SF4Y** | Other specified body constituents patterns |

### 1.3.6. Body constituents patterns, unspecified

| | |
|---|---|
| **SF4Z** | Body constituents patterns unspecified |

## 1.4. Organ system patterns

### 1.4.1. Liver system patterns

| | |
|---|---|
| **SF50** | Liver yin deficiency pattern |
| **SF51** | Liver yang deficiency pattern |
| **SF52** | Liver yang ascendant hyperactivity pattern |
| **SF53** | Liver qi deficiency pattern |
| **SF54** | Liver blood deficiency pattern |
| **SF55** | Liver depression and blood stasis pattern |
| **SF56** | Liver wind stirring the interior pattern |
| **SF57** | Liver qi stagnation pattern |
| **SF58** | Liver fire flaming upward pattern |
| **SF59** | Liver heat stirring wind pattern |

| | |
|---|---|
| **SF5A** | Liver-gallbladder dampness-heat pattern |
| **SF5B** | Liver meridian dampness-heat pattern |
| **SF5C** | Liver meridian cold stagnation pattern |
| **SF5D** | Gallbladder qi deficiency pattern |
| **SF5E** | Gallbladder depression with phlegm harassment pattern |
| **SF5F** | Gallbladder heat pattern |
| **SF5G** | Gallbladder cold pattern |
| **SF5H** | Liver and kidney yin deficiency pattern |
| **SF5J** | Disharmony of liver and spleen systems pattern |
| **SF5K** | Disharmony of liver and stomach systems pattern |
| **SF5L** | Liver fire invading the stomach system pattern |
| **SF5M** | Liver fire invading the lung system pattern |
| **SF5Y** | Other specified liver system patterns |
| **SF5Z** | Liver system patterns, unspecified |

### 1.4.2. Heart system patterns

| | |
|---|---|
| **SF60** | Heart qi deficiency pattern |
| **SF61** | Heart blood deficiency pattern |
| **SF62** | Dual deficiency of heart qi and blood pattern |
| **SF63** | Heart meridian obstruction pattern |
| **SF64** | Heart yin deficiency pattern |
| **SF65** | Deficiency of heart qi and yin pattern |
| **SF66** | Heart yang deficiency pattern |
| **SF67** | Heart yang collapse pattern |
| **SF68** | Heart fire flaming upward pattern |
| **SF69** | Fire harassing heart spirit pattern |
| **SF6A** | Water qi intimidating the heart system pattern |
| **SF6B** | Heart spirit restlessness pattern |
| **SF6C** | Anxiety damaging the spirit pattern |
| **SF6D** | Small intestine qi stagnation pattern |
| **SF6E** | Small intestine excess heat pattern |
| **SF6F** | Small intestine deficiency cold pattern |
| **SF6G** | Heart and liver blood deficiency pattern |
| **SF6H** | Heart and gallbladder qi deficiency pattern |
| **SF6J** | Heart and spleen systems deficiency pattern |
| **SF6K** | Heart and lung qi deficiency pattern |
| **SF6L** | Heart and kidney systems disharmony pattern |
| **SF6M** | Heart and kidney yang deficiency pattern |
| **SF6Y** | Other specified heart system patterns |
| **SF6Z** | Heart system patterns, unspecified |

### 1.4.3. Spleen system patterns

| | |
|---|---|
| **SF70** | Spleen qi deficiency pattern |
| **SF71** | Spleen qi sinking pattern |
| **SF72** | Spleen deficiency with qi stagnation pattern |

| | |
|---|---|
| **SF73** | Spleen deficiency with food retention pattern |
| **SF74** | Spleen failing to control the blood pattern |
| **SF75** | Spleen deficiency and blood depletion pattern |
| **SF76** | Spleen yin deficiency pattern |
| **SF77** | Spleen yang deficiency pattern |
| **SF78** | Dampness-heat encumbering the spleen system pattern |
| **SF79** | Spleen deficiency with dampness accumulation pattern |
| **SF7A** | Spleen deficiency with water flooding pattern |
| **SF7B** | Cold-dampness encumbering the spleen system pattern |
| **SF7C** | Stomach qi deficiency pattern |
| **SF7D** | Stomach qi uprising pattern |
| **SF7E** | Stomach yin deficiency pattern |
| **SF7F** | Stomach heat pattern |
| **SF7G** | Dampness in the intestines pattern |
| **SF7H** | Cold invading the stomach system pattern |
| **SF7J** | Intestine cold stagnation pattern |
| **SF7K** | Anxiety damaging the spleen system pattern |
| **SF7L** | Lung and spleen deficiency pattern |
| **SF7M** | Spleen and kidney yang deficiency pattern |
| **SF7Y** | Other specified spleen system patterns |
| **SF7Z** | Spleen system patterns, unspecified |

### 1.4.4. Lung system patterns

| | |
|---|---|
| **SF80** | Lung qi deficiency pattern |
| **SF81** | Lung yin deficiency pattern |
| **SF82** | Lung and kidney yin deficiency pattern |
| **SF83** | Lung qi and yin deficiency pattern |
| **SF84** | Lung yang deficiency pattern |
| **SF85** | Cold phlegm obstructing the lung pattern |
| **SF86** | Turbid phlegm accumulation in the lung pattern |
| **SF87** | Exterior cold with lung heat pattern |
| **SF88** | Intense congestion of lung heat pattern |
| **SF89** | Phlegm heat obstructing the lung pattern |
| **SF8A** | Wind-heat invading the lung pattern |
| **SF8B** | Lung heat transmitting into the intestine pattern |
| **SF8C** | Wind-cold fettering the lung pattern |
| **SF8D** | Dryness invading the lung pattern |
| **SF8E** | Lung dryness with intestinal obstruction pattern |
| **SF8F** | Large intestine excess heat pattern |
| **SF8G** | Large intestine dampness heat pattern |
| **SF8H** | Large intestine fluid deficiency pattern |
| **SF8J** | Large intestine deficiency cold pattern |
| **SF8Y** | Other specified lung system patterns |
| **SF8Z** | Lung system patterns, unspecified |

### 1.4.5. Kidney system patterns

| | |
|---|---|
| **SF90** | Kidney qi deficiency pattern |
| **SF91** | Kidney failing to receive qi pattern |
| **SF92** | Kidney qi deficiency with water retention pattern |
| **SF93** | Kidney yin deficiency pattern |
| **SF94** | Kidney yin and yang deficiency pattern |
| **SF95** | Kidney deficiency with marrow depletion pattern |
| **SF96** | Kidney essence deficiency pattern |
| **SF97** | Kidney yang deficiency pattern |
| **SF98** | Fear damaging the kidney system pattern |
| **SF99** | Blood and heat accumulation in the uterus pattern |
| **SF9A** | Phlegm obstructing the uterus pattern |
| **SF9B** | Dampness-heat in the uterus pattern |
| **SF9C** | Cold stagnation in the uterus pattern |
| **SF9D** | Uterine deficiency cold pattern |
| **SF9E** | Blood accumulation in the bladder pattern |
| **SF9F** | Bladder heat accumulation pattern |
| **SF9G** | Bladder dampness-heat pattern |
| **SF9H** | Bladder water accumulation pattern |
| **SF9J** | Bladder deficiency cold pattern |
| **SF9Y** | Other specified kidney system patterns |
| **SF9Z** | Kidney system patterns, unspecified |

### 1.4.6. Other specified organ system patterns

| | |
|---|---|
| **SG1Y** | Other specified organ system patterns |

### 1.4.7. Organ system patterns, unspecified

| | |
|---|---|
| **SG1Z** | Organ system patterns, unspecified |

## 1.5. Meridian and collateral patterns

### 1.5.1. Main Meridian Patterns

| | |
|---|---|
| **SG20** | Lung meridian pattern |
| **SG21** | Large intestine meridian pattern |
| **SG22** | Stomach meridian pattern |
| **SG23** | Spleen meridian pattern |
| **SG24** | Heart meridian pattern |
| **SG25** | Small intestine meridian pattern |
| **SG26** | Bladder meridian pattern |
| **SG27** | Kidney meridian pattern |
| **SG28** | Pericardium meridian pattern |
| **SG29** | Triple energizer meridian pattern |
| **SG2A** | Gallbladder meridian pattern |

| | |
|---|---|
| **SG2B** | Liver meridian pattern |
| **SG2Y** | Other specified main Meridian Patterns |
| **SG2Z** | Main Meridian Patterns, unspecified |

#### 1.5.2. Extra Meridian Patterns

| | |
|---|---|
| **SG30** | Governor vessel pattern |
| **SG31** | Conception vessel pattern |
| **SG32** | Yin heel vessel pattern |
| **SG33** | Yang heel vessel pattern |
| **SG34** | Yin link vessel pattern |
| **SG35** | Yang link vessel pattern |
| **SG36** | Thoroughfare vessel pattern |
| **SG37** | Belt vessel pattern |
| **SG3Y** | Other specified extra Meridian Patterns |
| **SG3Z** | Extra Meridian Patterns, unspecified |

#### 1.5.3. Other specified meridian and collateral patterns

| | |
|---|---|
| **SG5Y** | Other specified meridian and collateral patterns |

#### 1.5.4. Meridian and collateral patterns, unspecified

| | |
|---|---|
| **SG5Z** | Meridian and collateral patterns, unspecified |

### 1.6. Six stage patterns

| | |
|---|---|
| **SG60** | Early yang stage pattern |
| **SG61** | Middle yang stage pattern |
| **SG62** | Late yang stage pattern |
| **SG63** | Early yin stage pattern |
| **SG64** | Middle yin stage Pattern |
| **SG65** | Late Yin stage Patterns |
| **SG6Y** | Other specified six stage patterns |
| **SG6Z** | Six stage patterns, unspecified |

### 1.7. Triple energizer stage patterns

| | |
|---|---|
| **SG70** | Upper energizer stage patterns |
| **SG71** | Middle energizer stage patterns |
| **SG72** | Lower energizer stage patterns |
| **SG7Y** | Other specified triple energizer stage patterns |
| **SG7Z** | Triple energizer stage patterns, unspecified |

### 1.8. Four phase patterns

#### 1.8.1. Defense phase patterns

| | |
|---|---|
| **SG80** | Dampness obstructing the defense yang pattern |

| | |
|---|---|
| **SG81** | Heat attacking the lung defense pattern |
| **SG8Y** | Other specified defense phase patterns |
| **SG8Z** | Defense phase patterns, unspecified |

### 1.8.2. Qi phase patterns

| | |
|---|---|
| **SG90** | Heat entering the qi phase pattern |
| **SG91** | Qi phase dampness and heat pattern |
| **SG92** | Dampness obstructing the qi phase pattern |
| **SG9Y** | Other specified qi phase patterns |
| **SG9Z** | Qi phase patterns, unspecified |

### 1.8.3. Nutrient phase patterns

| | |
|---|---|
| **SH00** | Nutrient qi and defense qi disharmony pattern |
| **SH01** | Heat in the nutrient phase pattern |
| **SH02** | Heat entering the nutrient and blood phase pattern |
| **SH0Y** | Other specified nutrient phase patterns |
| **SH0Z** | Nutrient phase patterns, unspecified |

### 1.8.4. Blood phase patterns

| | |
|---|---|
| **SH10** | Blood phase pattern |
| **SH11** | Heat entering the blood phase pattern |
| **SH1Y** | Other specified blood phase patterns |
| **SH1Z** | Blood phase patterns (TM1), unspecified |

### 1.8.5. Other specified four phase patterns

| | |
|---|---|
| **SH3Y** | Other specified four phase patterns |

### 1.8.6. Four phase patterns, unspecified

| | |
|---|---|
| **SH3Z** | Four phase patterns, unspecified |

## 1.9. Four constitution medicine patterns

### 1.9.1. Large yang type patterns

| | |
|---|---|
| **SH40** | Large yang type exterior origin lower back pattern |
| **SH41** | Large yang type interior origin small intestine pattern |
| **SH42** | Large yang type exterior interior combined pattern |
| **SH4Y** | Other specified large yang type patterns |
| **SH4Z** | Large yang type patterns, unspecified |

### 1.9.2. Small yang type patterns

| |**SH50** | Small yang type lesser yang wind damage pattern |

| | |
|---|---|
| **SH51** | Small yang type yin depletion pattern |
| **SH52** | Small yang type chest heat congested pattern |
| **SH53** | Small yang type yin deficit pattern |
| **SH54** | Small yang type exterior interior combined pattern |
| **SH5Y** | Other specified small yang type patterns |
| **SH5Z** | Small yang type patterns, unspecified |

#### 1.9.3. Large yin type patterns

| | |
|---|---|
| **SH60** | Large yin type supraspinal exterior pattern |
| **SH61** | Large yin type esophagus cold pattern |
| **SH62** | Large yin type liver heat pattern |
| **SH63** | Large yin type dryness heat pattern |
| **SH64** | Large yin type exterior Interior combined pattern |
| **SH6Y** | Other specified large yin type patterns |
| **SH6Z** | Large yin type patterns, unspecified |

#### 1.9.4. Small yin type patterns

| | |
|---|---|
| **SH70** | Small yin type congestive hyperpsychotic pattern |
| **SH71** | Small yin type yang depletion pattern |
| **SH72** | Small yin type greater yin pattern |
| **SH73** | Small yin type lesser yin pattern |
| **SH74** | Small yin type exterior interior combined pattern |
| **SH7Y** | Other specified small yin type patterns |
| **SH7Z** | Small yin type patterns, unspecified |

#### 1.9.5. Other specified four constitution medicine patterns

| | |
|---|---|
| **SH9Y** | Other specified four constitution medicine patterns |

#### 1.9.6. Four constitution medicine patterns, unspecified

| | |
|---|---|
| **SH9Z** | Four constitution medicine patterns, unspecified |

### 1.10. Other specified traditional medicine patterns

| | |
|---|---|
| **SJ1Y** | Other specified traditional medicine patterns |

### 1.11. Traditional medicine patterns, unspecified

| | |
|---|---|
| **SJ1Z** | Traditional medicine patterns, unspecified |

## 2. Références


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