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Nausea and Vomiting in pallative care

nausées et vomissements des soins palliatifs : évaluation de l'acupuncture

1. Systematic Reviews and Meta-Analysis

2. Clinical Practice Guidelines

⊕ positive recommendation (regardless of the level of evidence reported)
Ø negative recommendation (or lack of evidence)

2.1. National Comprehensive Cancer Network (NCCN, USA) 2022 ⊕

NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) Palliative Care Version 1.2022 — March 8, 2022. https://www.nccn.org/professionals/physician_gls/pdf/palliative.pdf

Non specific nausea and vomiting : Consider non-pharmacologic therapies, such as acupuncture, hypnosis, and cognitive behavioral therapy

2.2. Fédération Bruxelloise de Soins Palliatifs et Continus (FBSP, Belgique) 2019 ⊕

Dyspnée. Palliaguide - Guidelines de soins palliatifs. Belgique 2019-12-27 : Réactualisation complète du domaine. https://www.palliaguide.be/nausees-vomissements-soins-palliatifs/

Si le contexte le permet, intégrer des techniques de médecine alternative, telles que la relaxation, l'hypnose ou l'**acupuncture**.

2.3. NHS Scotland 2019 ⊕

Nausea and Vomiting. Scottish Palliative Care Guidelines. 2019:12p. [197368].

Non-pharmacological measures are important and should be considered alongside the prescribing of appropriate anti-emetics. Measures include: [Acupressure bands (for example Seaband®), acupuncture],

2.4. National Institute for Health and Clinical Excellence (NICE, UK) 2016 ⊕

National Clinical Guideline Centre. Palliative care - nausea and vomiting. London (UK): National Institute for Health and Clinical Excellence (NICE). 2016;:46P. [193193].

Consider the use of complementary therapies; relaxation and acupressure bands may be useful to relieve symptoms.

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